

*EuroCto Club  
Founding Meeting  
Paris 14.12.2006*

# TCT-AP 2011

Success 2006



*Joachim Boettner*

*Gerard Werner*

*Dariusz Dudek*

*Jacques Koolen, Hans Bonnier, Carlo DiMario*

*George Sianos*

*Nicolaus Reifart*

*Alfredo Galassi*

2006.12.14

# EuroCTO Club: Goals

## *Promote angioplasty for treatment of CTO in Europe*

- Exchange experience among the most experienced;
- Test new technologies and strategies,
- Issue "state of the art" recommendations.
- Teaching courses
- Draw information from an own registry,

*Published May 2007*

## **European perspective in the recanalisation of Chronic Total Occlusions (CTO): consensus document from the EuroCTO Club**

Carlo Di Mario<sup>1\*</sup>, MD, PhD, FRCP, FESC; Gerald S. Werner<sup>2</sup>, MD, PhD, FESC; Georgios Sianos<sup>3</sup>, MD, PhD, FESC; Alfredo R. Galassi<sup>4</sup>, MD, FESC; Joachim Büttner<sup>5</sup>, MD, PhD, FESC; Dariusz Dudek<sup>6</sup>, MD, PhD, FESC; Bernard Chevalier<sup>7</sup>, MD; Thierry Lefevre<sup>8</sup>, MD, FESC; Joachim Schofer<sup>9</sup>, MD, PhD; Jacques Koolen<sup>10</sup>, MD, PhD, FESC; Horst Sievert<sup>11</sup>, MD, PhD, FESC; Bernhard Reimers<sup>12</sup>, MD, FESC; Jean Fajadet<sup>13</sup>, MD, FESC; Antonio Colombo<sup>14</sup>, MD, FESC; Anthony Gershlick<sup>15</sup>, MD, FRCP, FESC; Patrick W. Serruys<sup>3</sup>, MD, PhD, FESC; Nicolaus Reifart<sup>16</sup>, MD, PhD, FESC for the EuroCTO Club

*1. Royal Brompton Hospital and Imperial College, London, United Kingdom; 2. Klinikum Darmstadt, Darmstadt, Germany; 3. Thoraxcentre, Erasmus, Medical Center, Rotterdam, The Netherlands; 4. Ospedale Ferrarotto, University of Catania, Catania, Italy; 5. Heart Centre, Bad Krozingen, Germany; 6. Jagellonian University, Cracow, Poland; 7. Centre Cardiologique du Nord, Saint-Denis, France; 8. Institut Hospitalier Jacques Cartier, Massy, France; 9. Hamburg University Cardiovascular Center, MVZ Prof. Mathey, Prof. Schofer GmbH, Hamburg, Germany; 10. Catharina Ziekenhuis, Eindhoven, The Netherlands; 11. Frankfurt, Germany; 12. Ospedale di Mirano, Venice, Italy; 13. Toulouse, France; 14. Centro Cuore Columbus and San Raffaele Hospital, Milan, Italy; 15. Univ. of Leicester, Leicester, United Kingdom; 16. Bad Soden, Germany*

***In-hospital Clinical and Angiographic  
Outcome from the J-CTO Registry  
(498 Patients from Apr. 2006 to Dec. 2007)***

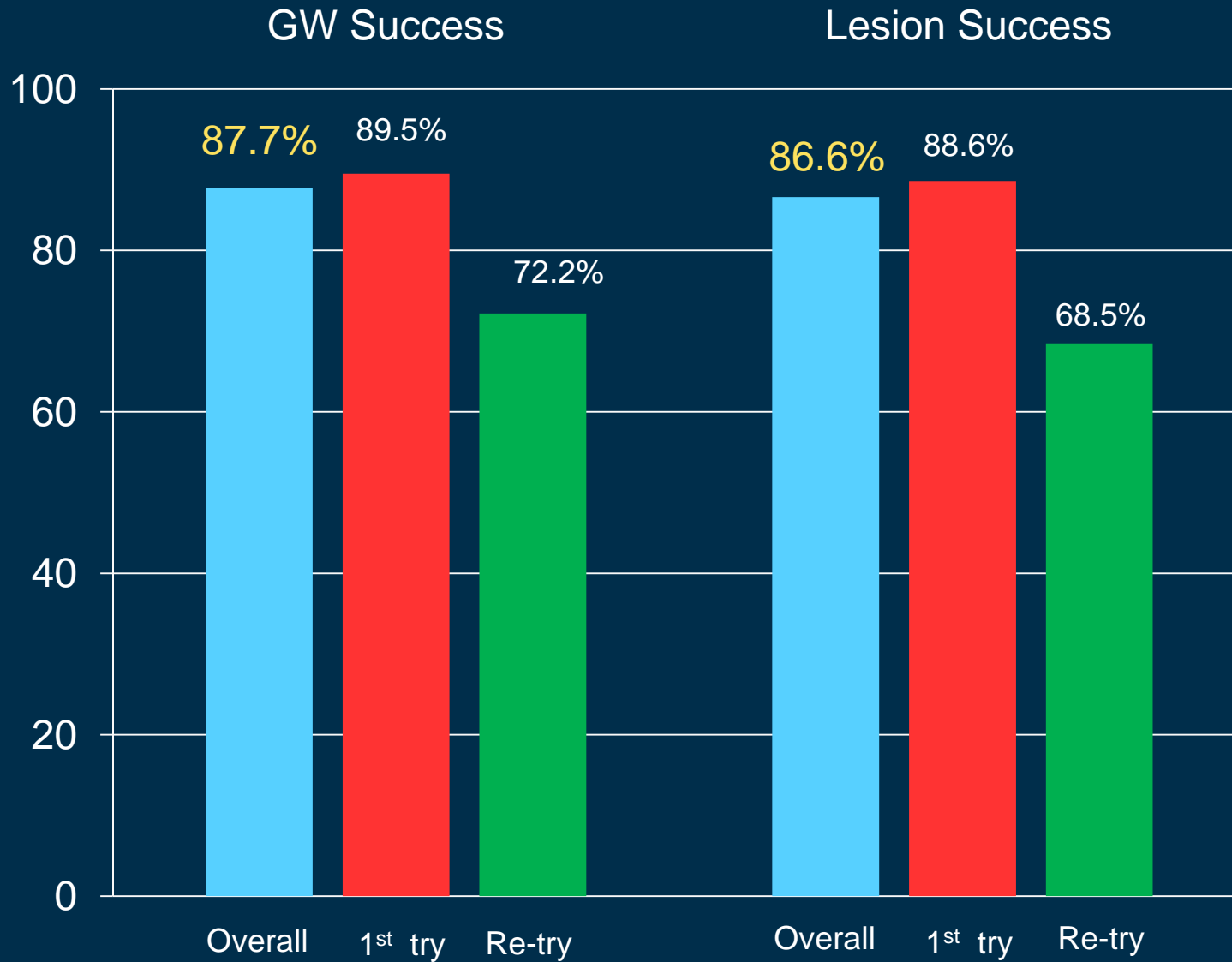
Yoshihiro Morino, MD, Takeshi Kimura, Yasuhiko Hayashi,  
Toshiya Muramatsu, Masahiko Ochiai, Yuichi Noguchi, Kenichi Kato,  
Yoshisato Shibata, Yoshikazu Hiasa, Osamu Doi, Takehiro Yamashita,  
Mitsuru Abe, Takeshi Morimoto, Tomoaki Hinohara, Kazuaki Mitsudo,  
On Behalf of the J-CTO Registry Investigators

**Novel CTO Technologies are Overrated  
I'll Take an Experienced Operator and CTO  
Techniques**

*Masahiko Ochiai MD, FACC, FESC, FSCAI*

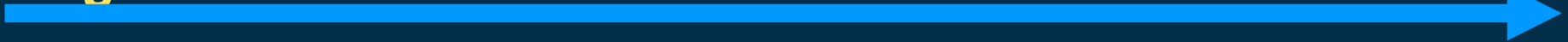
Division of Cardiology  
Showa University Northern Yokohama Hospital, Kanagawa,  
JAPAN

# Success Rates

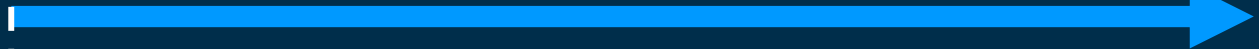


# Development of CTO Techniques

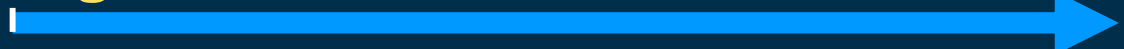
Single wire



Parallel wire



IVUS guided



Retrograde (CART)

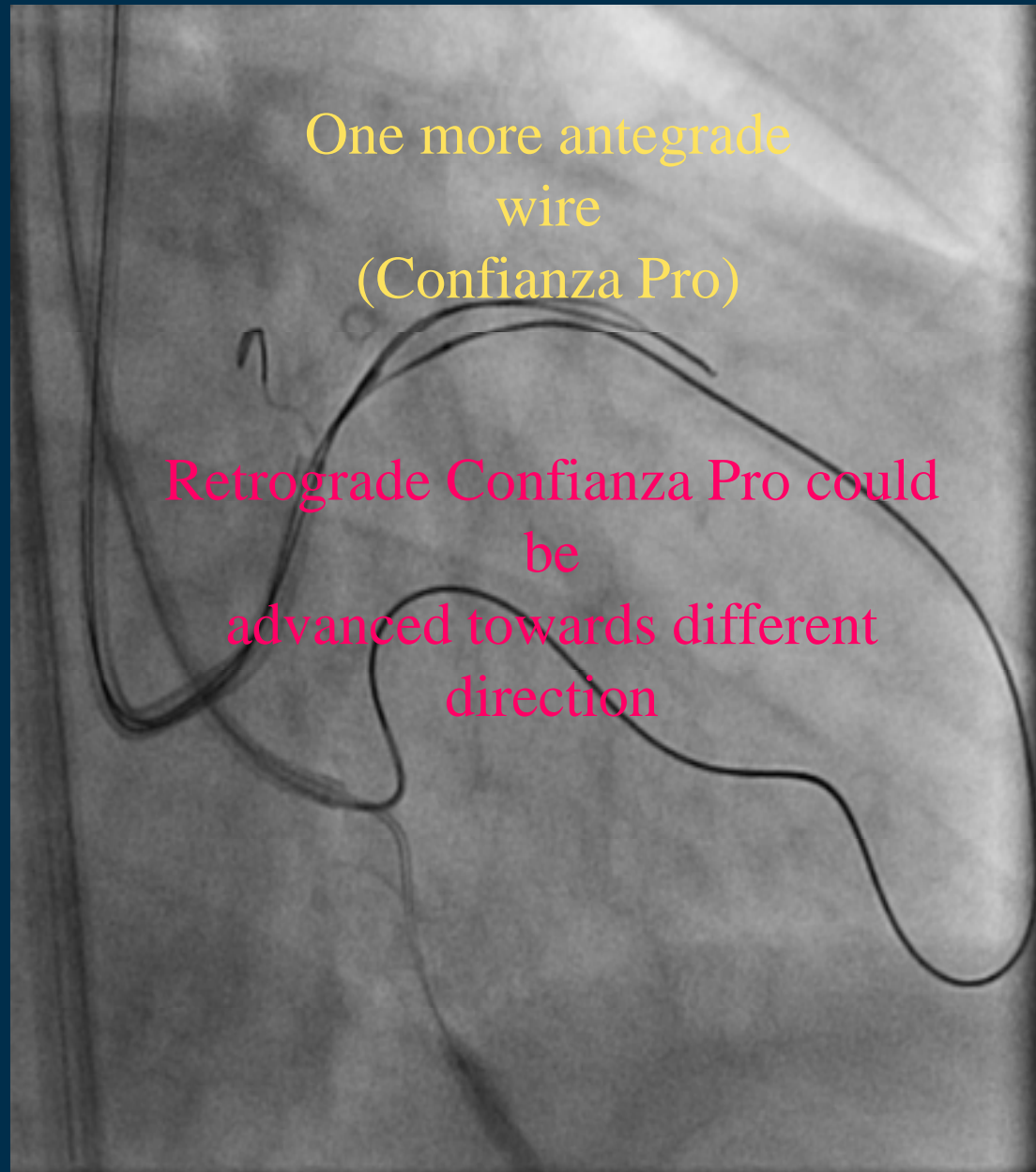


2000 2001

2005



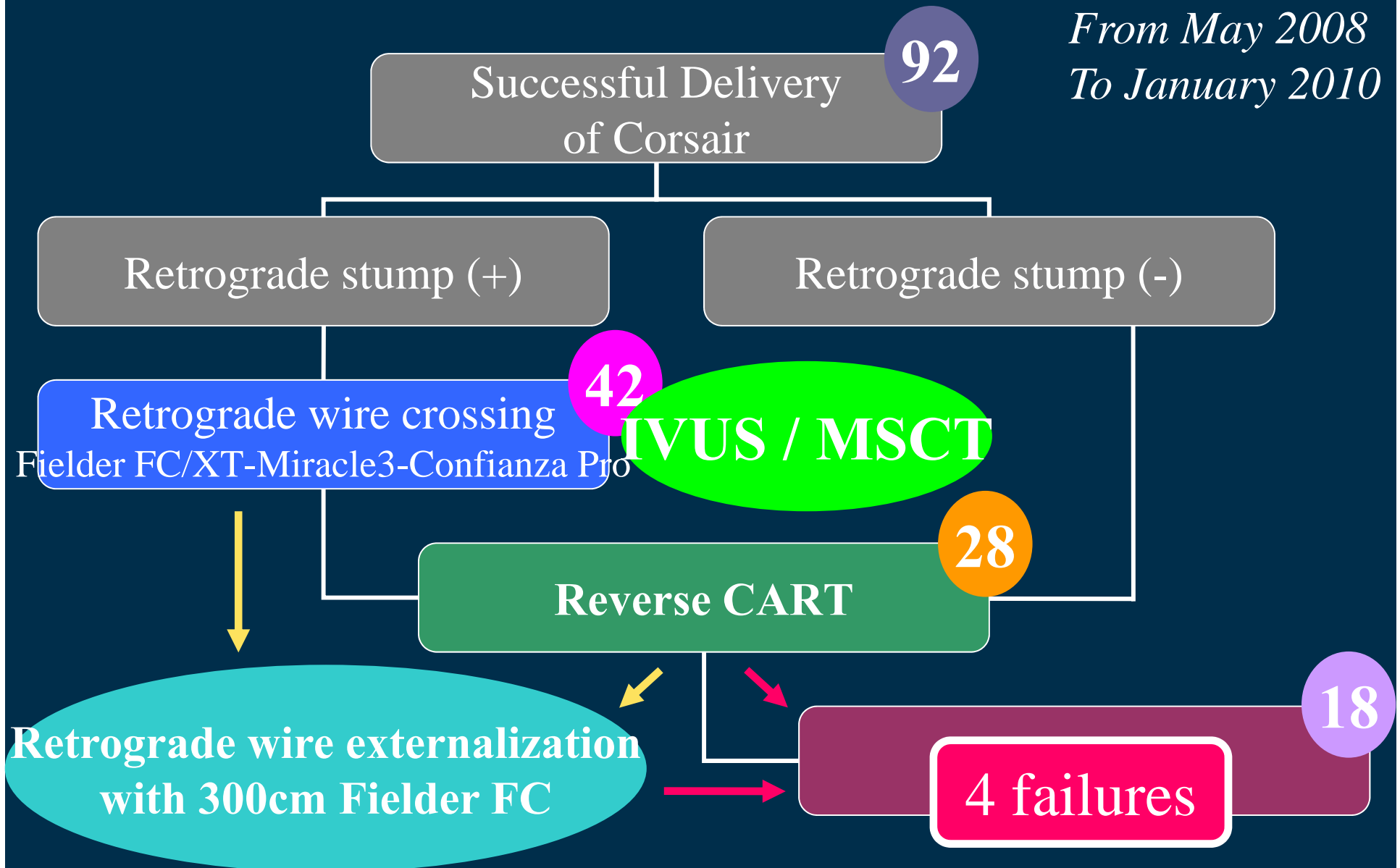
# Repeated IVUS Guided Reverse CART





# Standardized Retrograde Procedure with Corsair

*From May 2008  
To January 2010*



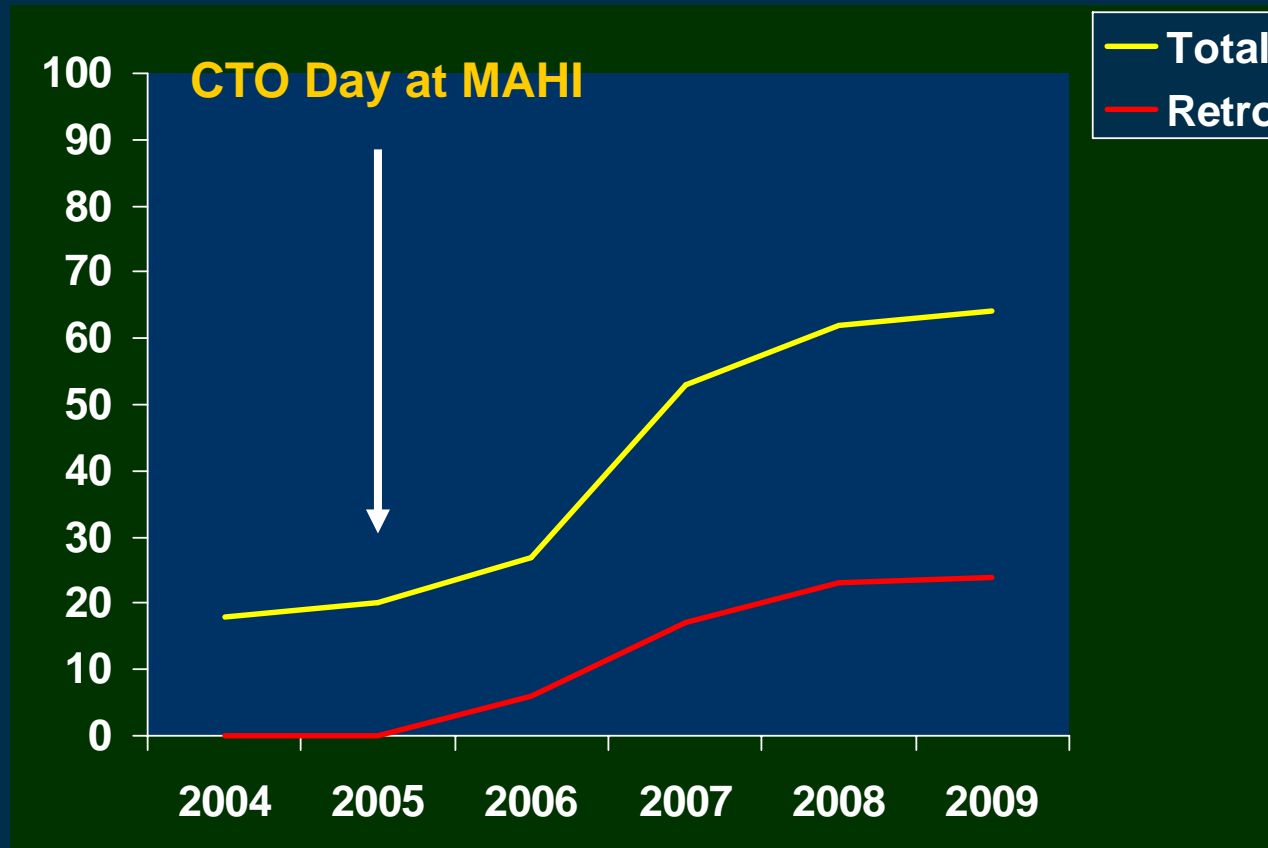
# Conclusions

- **I'll take an experienced operator and CTO techniques.**
- **Integration of all imaging information (MSCT, bi-plane FPD and IVUS) is as important as dilatation devices.**

# **CTO Angioplasty Trends in the United States: Data from the ACC's National Cardiovascular Disease Registry (NCDR)**

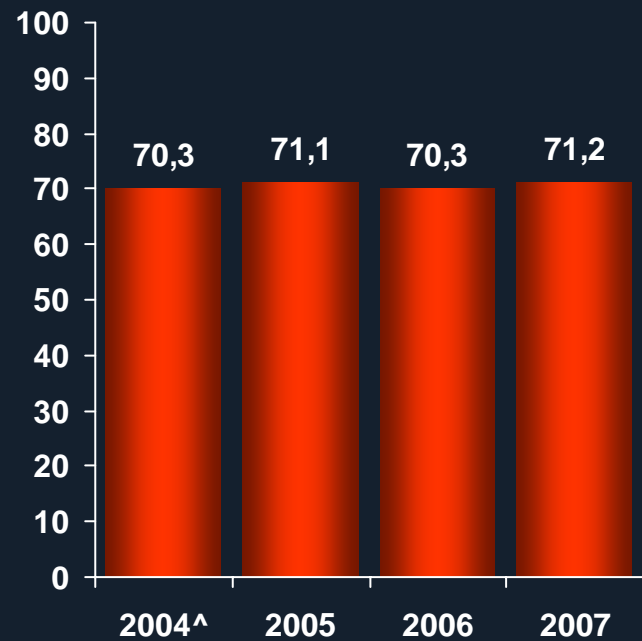
**J. Aaron Grantham, MD, FACC**  
**Associate Professor of Medicine,**  
**University of Missouri Kansas City**  
**Consultant, Mid America Heart Institute,**  
**Kansas City, MO, USA**

# CTO Angioplasty Trends in the US

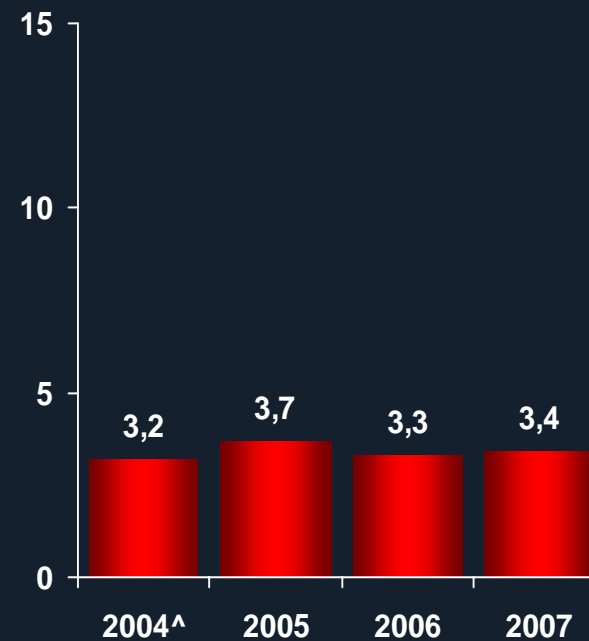


# CTO Angioplasty Trends in the US

## Technical Success (%)



## MACE (%)



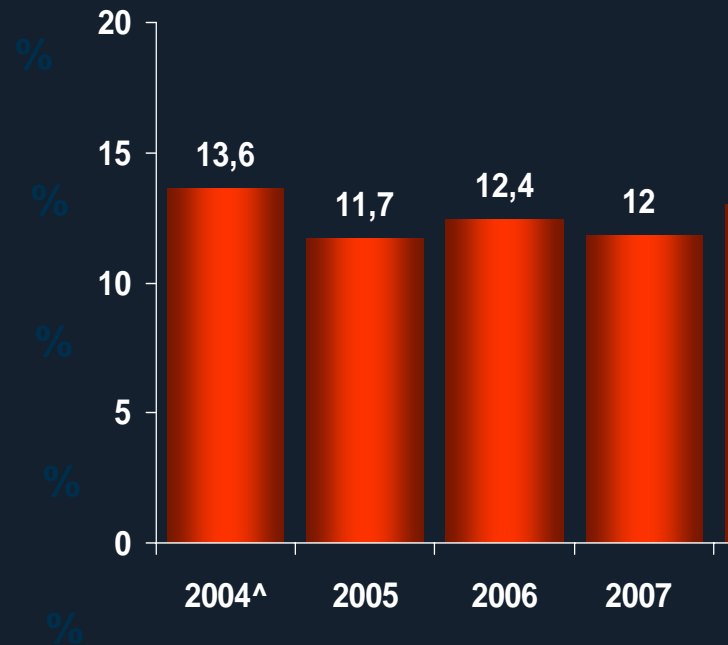
\*  $p < 0.05$  vs 2004

Grantham, JA et al *JACC: Cardiovascular Interventions*. 2009; 2:479-486

# CTO Angioplasty Trends in the US

In 2008 716 hospitals, 6,303 interventionalists, 64,924 CTOs

Attempt rate= ( #CTOattempts/ # CTO found) 100



Grantham, JA et al *JACC: Cardiovascular Interventions*. 2009; 2:479-486

# CTO Angioplasty Trends in the US

- **US CTO angioplasty attempt rates are not increasing but success rates are improving.**
- **Safety (MACE rates) remain acceptably low.**
- **Disparities in attempt rate based on operator experience suggest that patients don't have equal access to care.**

# Hot Topic II: The Retrograde Approach Increases Complications And Adds Little to CTO Angioplasty (in the general interventional community)

G.S. Werner, MD FACC FESC FSCAI  
Medizinische Klinik I - Klinikum Darmstadt  
Darmstadt





# What is our goal in CTO revascularization ?

- **We are dealing with patients with stable angina**
  - **This stage of CAD has a good mid-term prognosis**
  - **Revascularization aims at relieving symptoms**
  - **-> All procedures need to be safe**
- **We should achieve a high success rate in CTOs at a calculated low risk**
  - **This is best achieved with a perfection of the antegrade approach**
  - **The antegrade approach bears a lot of potential...**

# Periprocedural Infarct(lets) after retrograde access

	Antegrade	Septal	Septal dilated	Epicardial
<b>Patients</b>	<b>137</b>	<b>20</b>	<b>17</b>	<b>5</b>
<i>CK &gt; 3 x ULN</i>	<i>3.1</i>	<i>7.1</i>	<i>12.5</i>	<i>20</i>
<b>Tnl &gt; 0.15 ng/ml</b>	<b>48</b>	<b>79</b>	<b>100 *)</b>	<b>100 *)</b>
<b>Tnl &gt; 1.0 ng/ml</b>	<b>14</b>	<b>21</b>	<b>69 *)</b>	<b>80 *)</b>

Percent of procedures

\*) p<0.01

# Most CTO PCI Should be Performed by Dedicated Interventionalists

## Top Ten Reasons

6. Many of the techniques and strategies are different and not a natural extension of non-CTO PCI. This differs from other complex lesions

# On-Line Registry [www.erccto.eu](http://www.erccto.eu)



Patient ID:  Treatment  
 Procedure ID:  Patient code:

CRF completed

LAD  CX  RCA  IMA  SVG-LAD  SVG-CX  SVG-RCA  
 ARTERIAL-COND1  ARTERIAL-COND2  ARTERIAL-COND3  
If SVG or arterial conduits are patent, please do not consider as a CTO the corresponding native artery.  
 In order to compile the Wire finally getting through section, please see tables Ia Iic (buttons under section "Help about wires" to the right).  
 In order to compile the Balloon finally getting through section, please see tables OTW and RX.

**LAD**

Recanalization:  PCI Treatment date:

Previous attempts  Same operator  
 Radial access  Contralateral injection

Guiding catheter size (5-8F):

Recanalization approach:

Single wire  Parallel wire  
 IVUS guided procedure  STAR technique  
 Retrograde approach was unsuccessful in the same session

Wire crossed  Balloon crossed

Type of dedicated devices:

**Procedural characteristics:**

Total time of procedure mins.:  Duration of fluoroscopy:  mins.  
 Total amount of contrast ml.:  24-hr post proc. creatinine:  mg/dl

**Wires:**

Total No of guide wires:

Wire finally getting through Name:

Polymer  Hydrophilic  Tapered Stiffness:

Not Hydrophilic

**Balloons:**

Total No of balloons:  OTW:  Monorail:  Microcatheters:

Balloon finally getting through Name:

OTW  Monorail

**Stents:**

Total No of stents: 2

**BMS Stents:**

**No LAD stents.**

Type:  Diam:  Length:

**DES Stents:**

Type	Diam.	Length	
XIENCE	2.50	28.00	<input type="button" value="Delete"/>
TAXUS	2.50	28.00	<input type="button" value="Delete"/>

Type:  Diam:  Length:

Drug-eluting balloon:  Name:

**OTHER DES Stents:**

**No LAD stents.**

Type:  Diam:  Length:

- Diagonal
- CRF completed
- ECG CTO
- Occlusion (TIMI FLOW) duration characteristics
- Exercise
- Occlusion duration:
- CTO location:
- Multi Slit
- Visual estimation vessel diameter:
- Baseline
- Visual estimation CTO length:
- LV global
- Collaterals filling:
- Segment motion
- Calcification:
- Proximal tortuosity:
- Stump:
- Presence of collateral circulation
- Distal opacification:

tion in the territory  
 crit arteries > 3



# CTO Treatment: Recanalization Approach

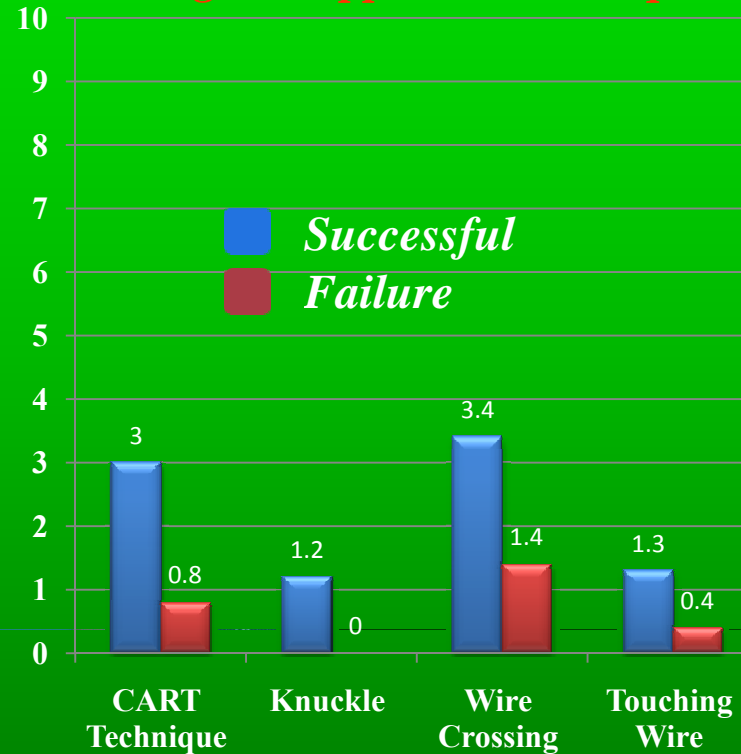


*Procedural success: 938/1146 lesions (81.8%)*

## Antegrade approach techniques



## Retrograde approach techniques



# **EuroCTO Club 1st Congress:**

## **CONSENSUS on Indications**

- **PCI of CTO in Europe should be encouraged (too often pts left on medical therapy or sent to CABG): train new operators, change mentality;**
- **Most complex cases require specialised centres and operators,**
- **Promote a trial of PCI vs medical therapy with hard end-points, avoiding the superselection of low risk pts of COURAGE & OAT**

# **EuroCTO Club 1st Congress:**

## **CONSENSUS on Technique: Anterograde**

- **Importance Dual Injection never overemphasised;**
- **Split opinion on catheter size (keen 6 Fr radialists),**
- **Rediscovery of the “soft touch” approach with polymer coated wires (patient handling of the tapered Fielder XT supported by microcatheters) to engage microchannels**
- **Switch to steerable stiff wires (Miracle, Confianza) avoiding long subintimal tracks**

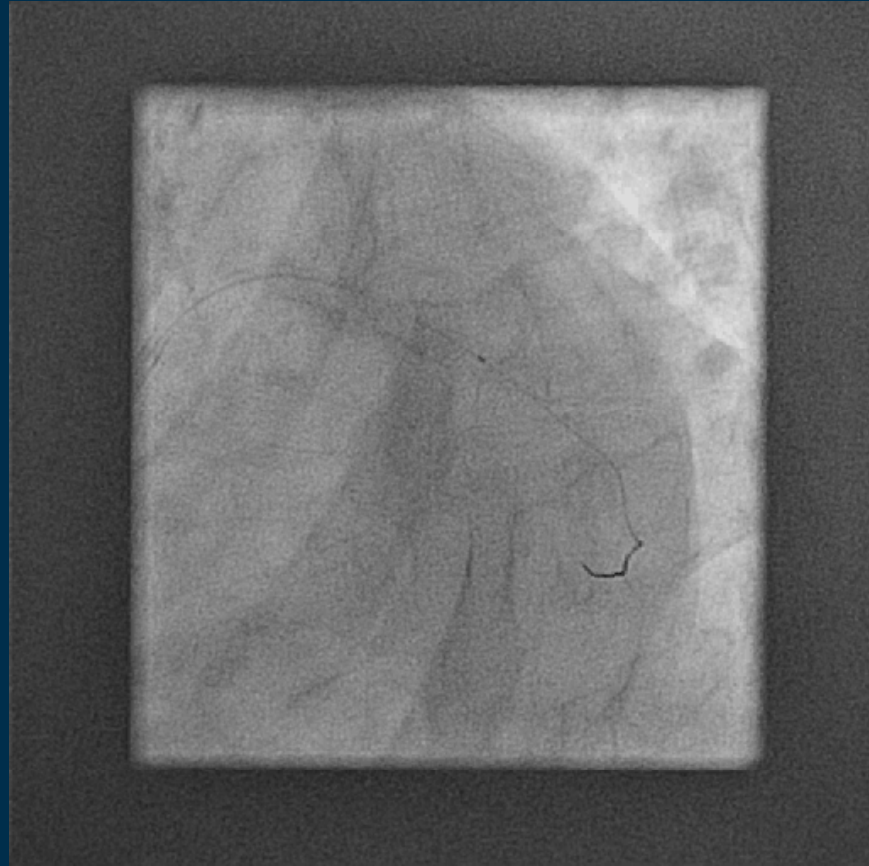
# **EuroCTO Club 1st Congress:**

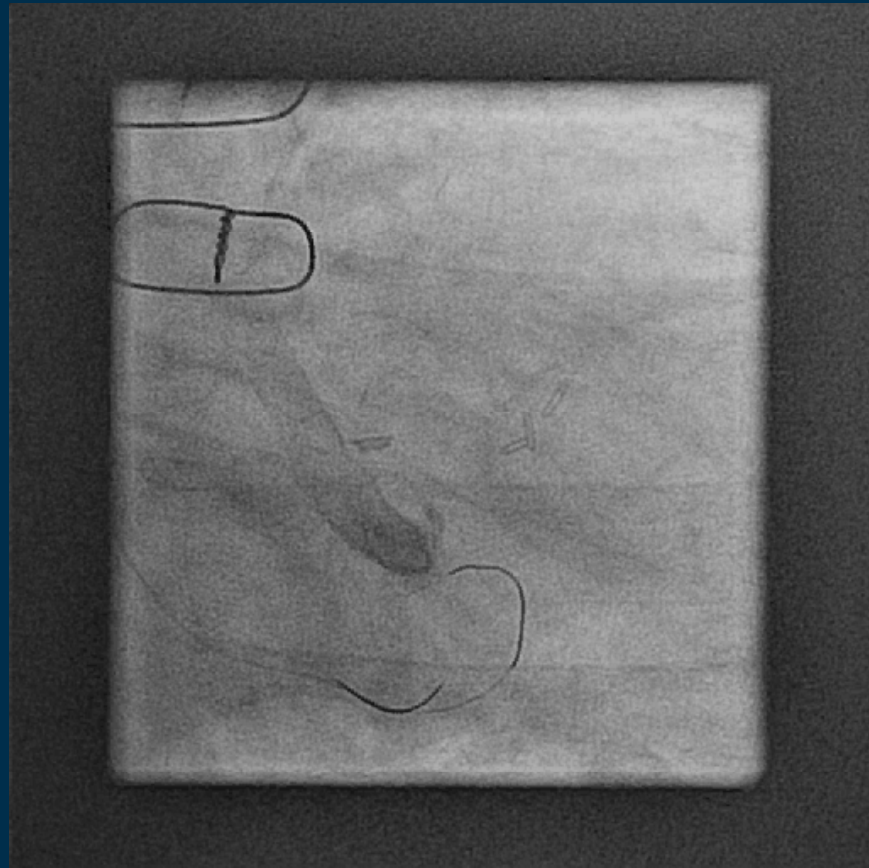
## **CONSENSUS on Technique: Retrograde**

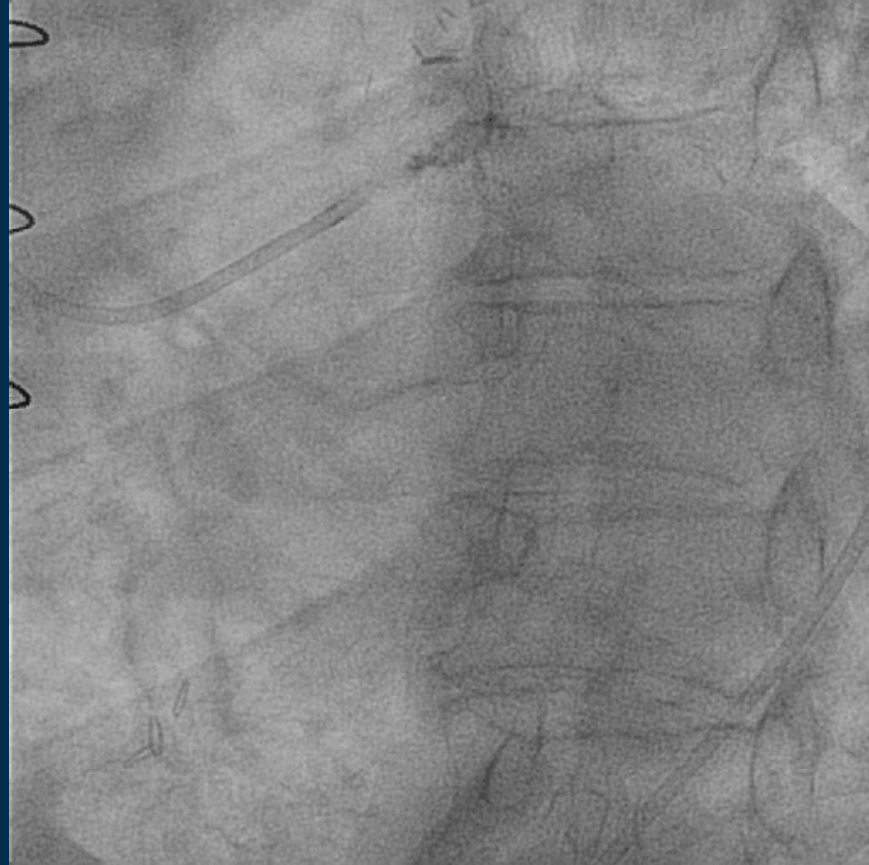
- **Last resource rather than first approach (old foxes v young lions) with some exceptions;**
- **Posterior epicardial channels and tortuous septals feasible with new wires (Fielder FC/XT) and microcatheters (Finecross 150, Corsaire)**
- **Reverse CART with retrograde crossing, and advancement retrograde catheter (Corsaire) allows wire externalisation (dedicated wires, 300 Fielder)**

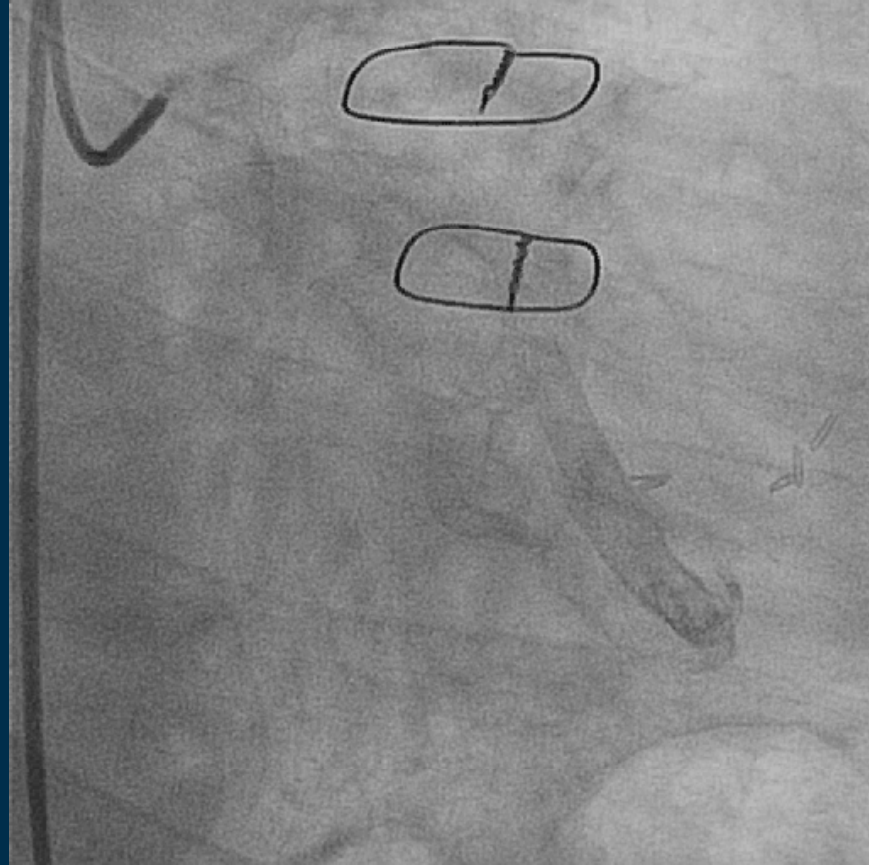


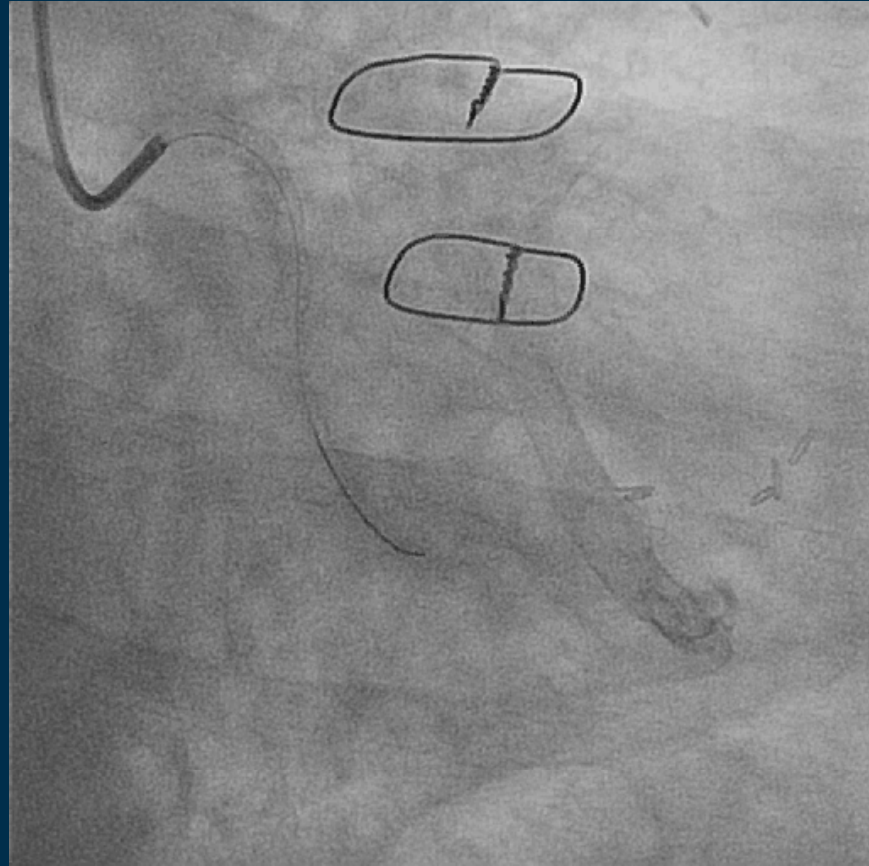














**Reifart, President - Galassi,  
Congress Organiser - Werner,  
Secretary**



EURG CIO CJF



**Reifart, Galassi,  
President Congress Organiser**

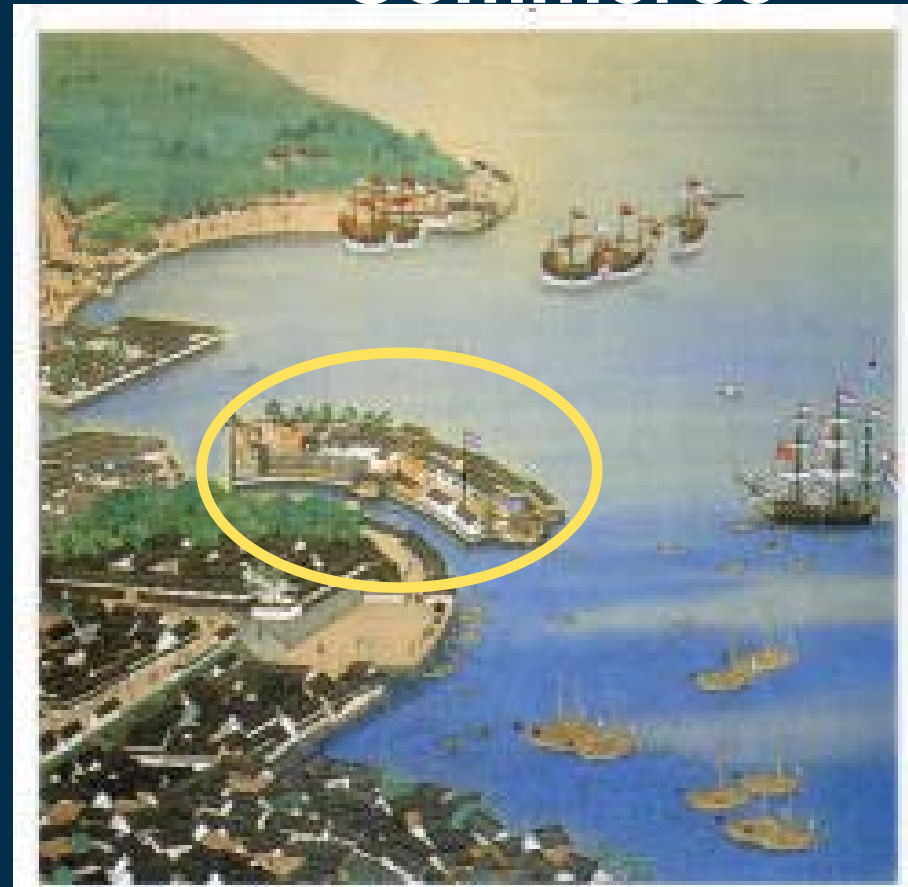
**Werner,  
Secretary**





# From Early 17th to Late 19th Century Japan Closed the Country to Foreign Commerce

During this period of national isolation, international trade was allowed only in a small island called “Dejima” (“exit” island) to China and Holland.



# Complications

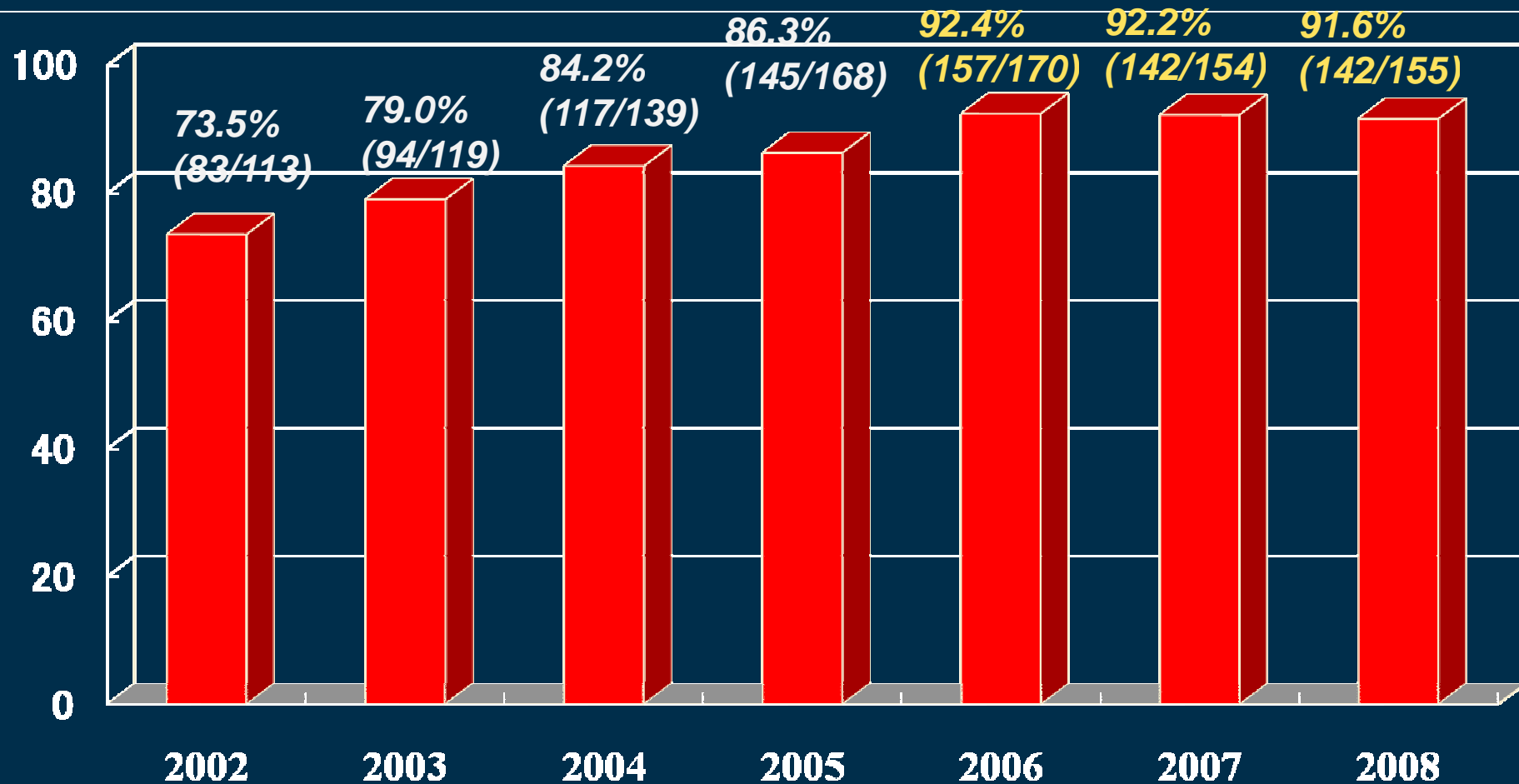
N=498

Cardiac tamponade	0.4% (2)
Emergent PCI	0.4% (2)
Emergent CABG	0% (0)
Blood transfusion	1.6% (8)
Access site surgery	0.4% (2)
GI bleeding	0.2% (1)
Contrast induced nephropathy	1.2% (6)
Radiation dermatitis	0% (0)

# Toyohashi Experience

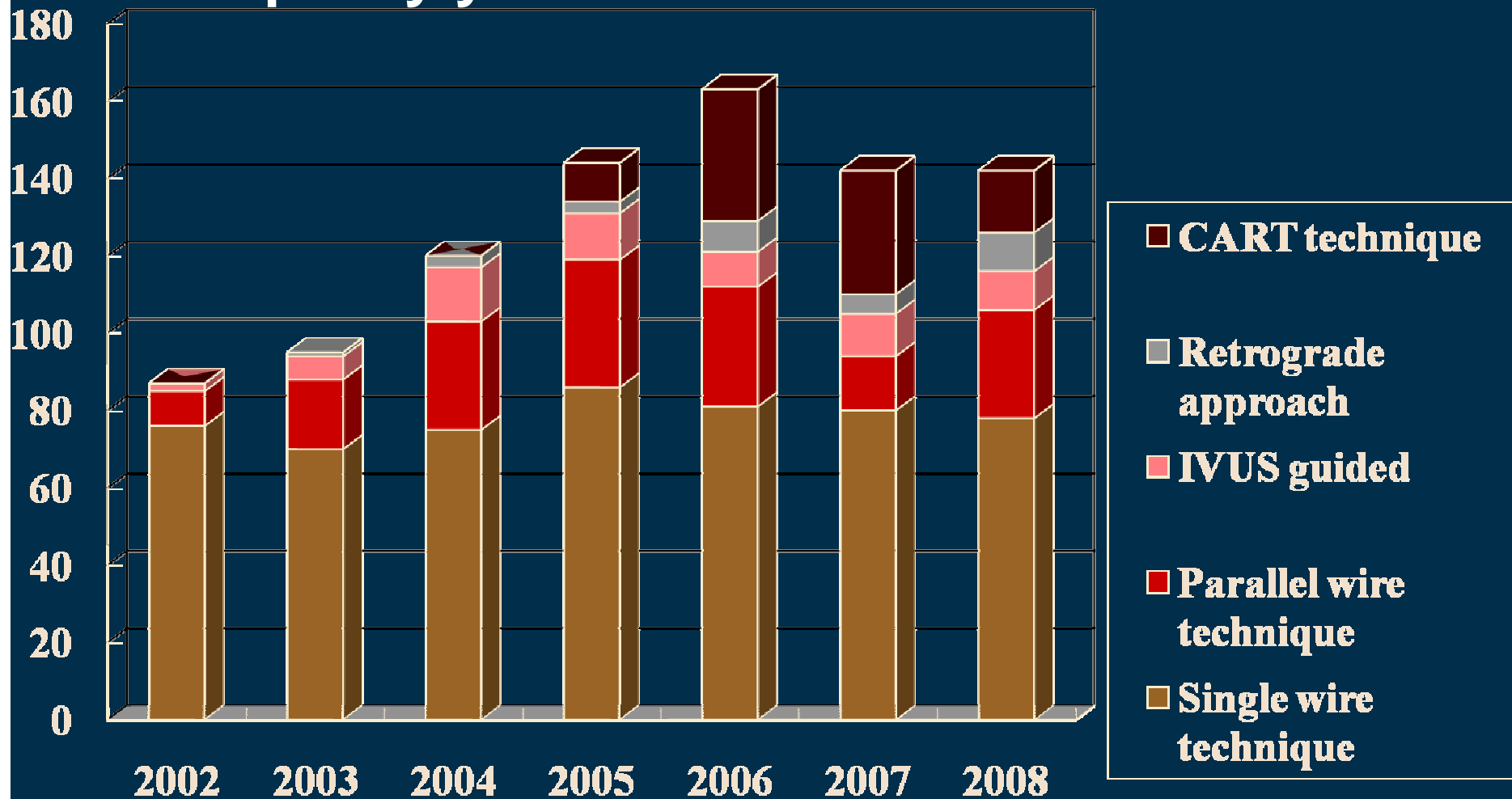
Initial Success Rate: 86.4%  
(880/1018)

(%)



# Toyohashi Experience

## Successful guide wire technique by year



# Most CTO PCI Should be Performed by Dedicated Interventionalists

## Top Ten Reasons

7. Has a narrow therapeutic window.  
Complications more serious and frequent  
than non-CTO PCI and benefits are often  
minimal

# General Patient Informations & Clinical Presentation

## Risk Factors

Male, n (%)	947 (86.6)
Age (years) (mean ± SD)	63.8 ± 11.3
History of CAD, n (%)	370 (32.8)
Dislipidemia, n (%)	813 (72)
Diabetes, n (%)	315 (27.9)
Smoke, n (%)	511 (45.3)
Peripheral Disease, n (%)	121 (10.7)
COPD, n (%)	66 (33.7)
Chronic Renal Failure, n (%)	100 (51)
Prior Stroke, n (%)	30 (15.3)
Previous MI, n (%)	439 (40,1)
Previous CABG, n (%)	165 (15,1)
Previous PCI, n (%)	624 (57.1)

1094 PTS n(%)

1129 N° of Cath-Lab access

1146 CTO treated

ACUTE MI  
(2,5 %)

UNSTAB .ANG.  
(12,6 %)

STABLE ANG.  
(70 %)

ASINT.  
(14,9 %)

## ECG CTO-Related Lesion

n (%)

Normal

890 (81,3)

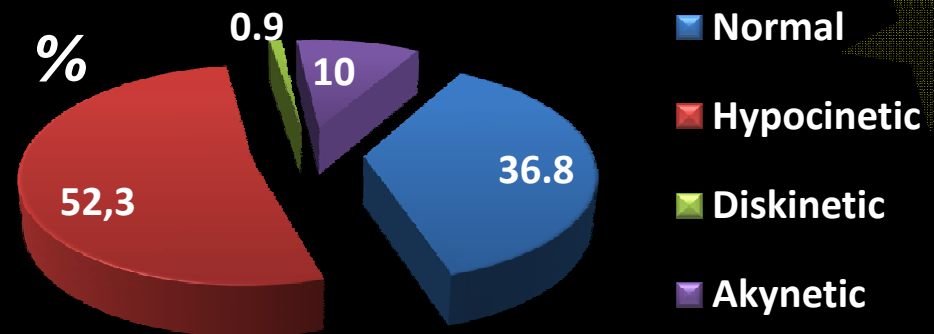
Q-Waves

204 (18,6)

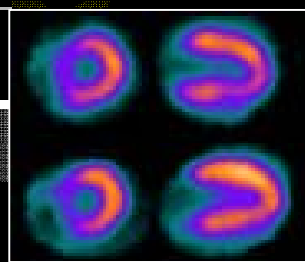
# Clinical Features



<b>LV global EF</b>	<b>n (%)</b>
< 35%	90 (8)
35% ≤ and ≥ 50%	318 (28.2)
≥ 50%	721 (63.9)



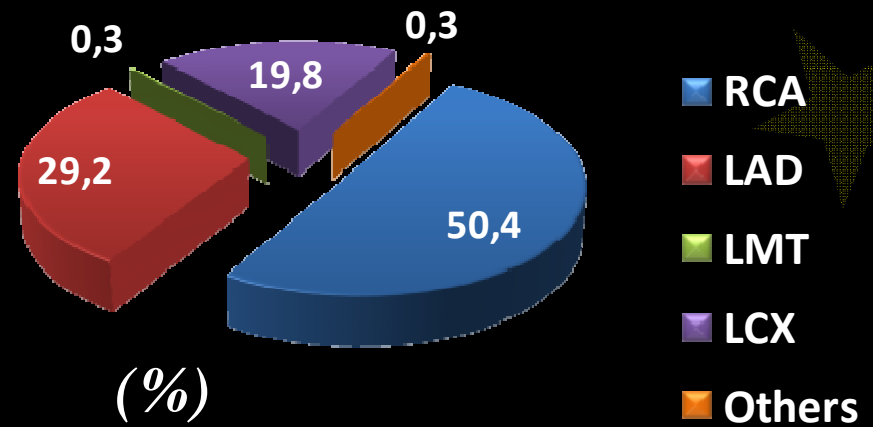
<b>Viable myocardium n (%)</b>	
Akynetic	77 (68,1)
Diskinetic	7 (70)



# Angiographic Characteristics



## CTO DISTRIBUTION

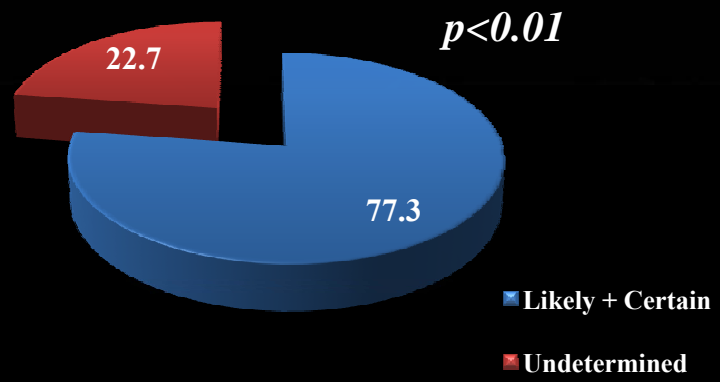




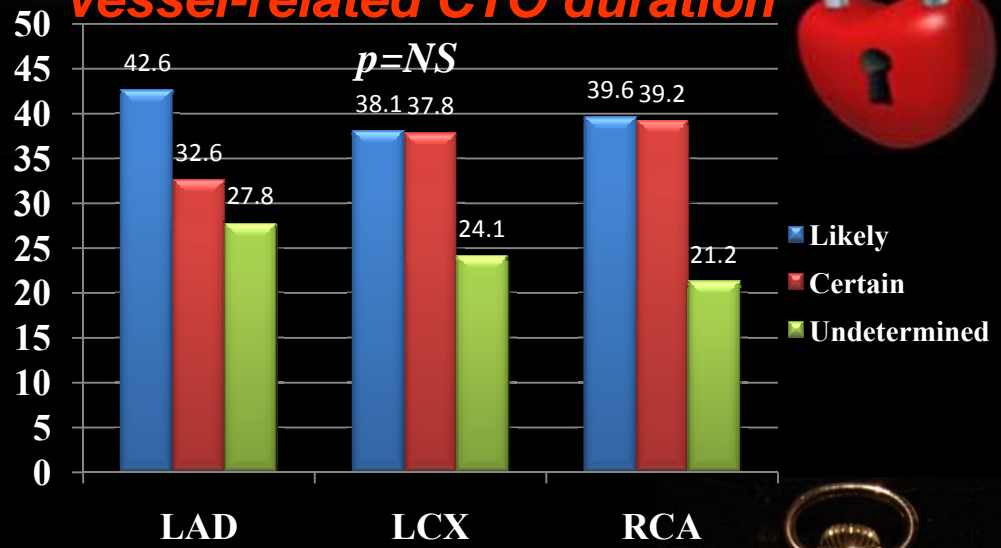
# Occlusion Duration



(%)



## Vessel-related CTO duration



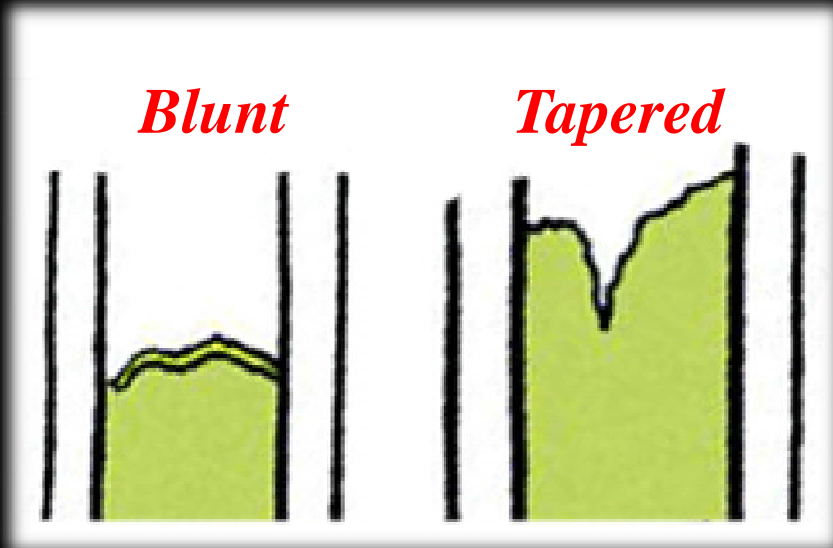
## Occlusion Duration Months (Mean ± SD)

	Likely	Certain
LMT	3 ± 0	30,8 ± 35,9
LAD	17,7 ± 30,7	33,5 ± 55,4
LCX	19,1 ± 27,5	39 ± 47,9
RCA	24,2 ± 40,4	40,9 ± 52,6

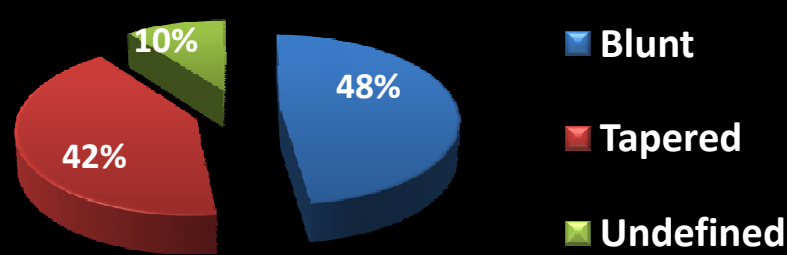


	MEAN	ST-DEV	MEDIAN
OVERALL (Certain + Likely) months	29,6	45,3	12

# Occlusion Characteristics



## All CTO lesions

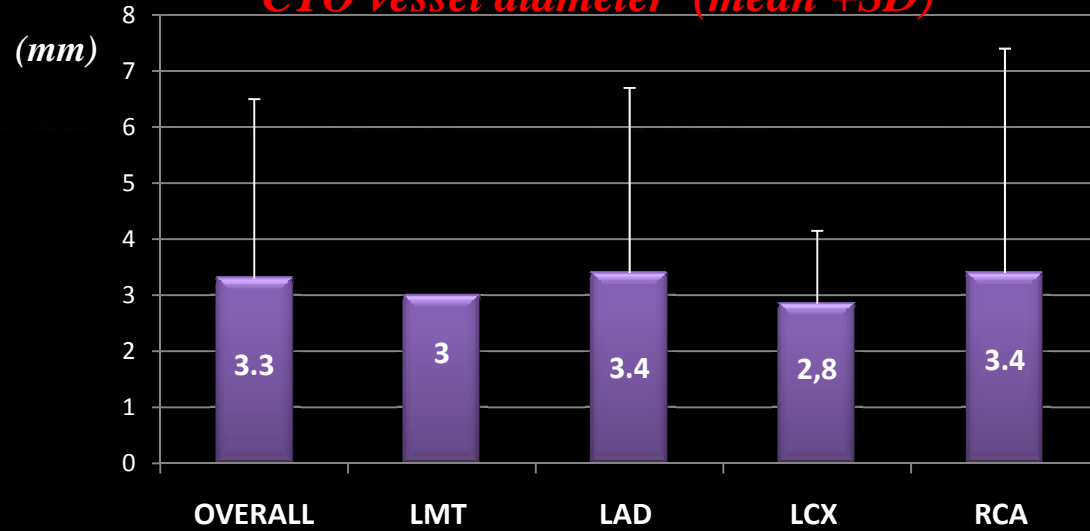


<b>STUMP</b>	<b>Blunt</b>	<b>Tapered</b>	<b>Cannot be Identified</b>
LMT n(%)	3 (75)	1 (25)	0
LAD n(%)	164 (48)	135 (39,6)	42 (12,3)
LCX n(%)	100 (45,5)	98 (44,5)	22 (10)
RCA n(%)	280 (48,5)	243 (42,1)	54 (9,35)

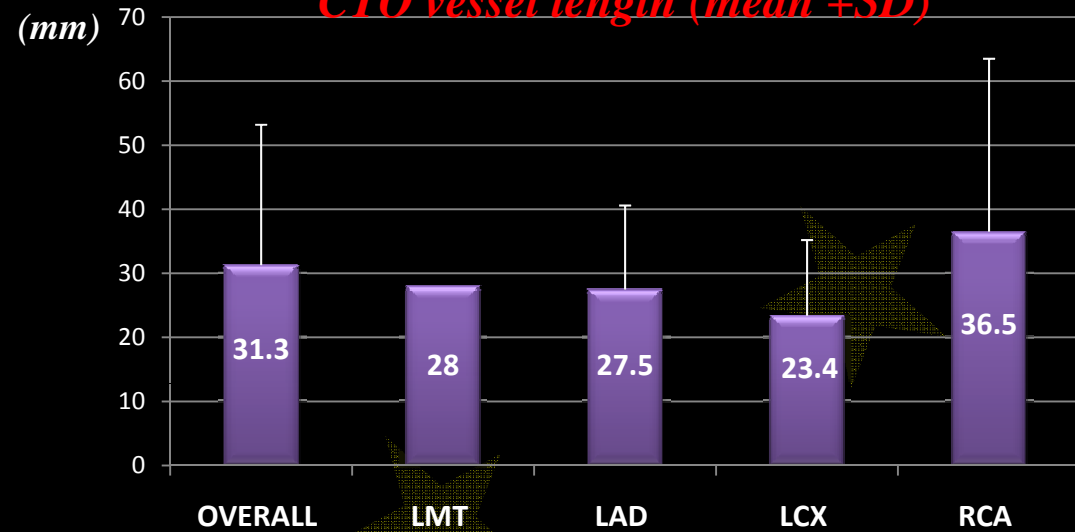
# Occlusion Characteristics



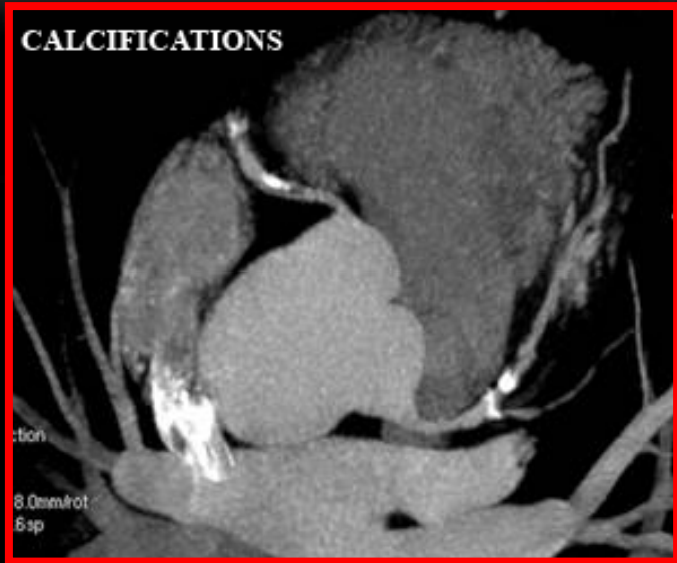
*CTO vessel diameter (mean +SD)*



*CTO vessel length (mean +SD)*



# Occlusion Characteristics



## CALCIFICATIONS n (%)

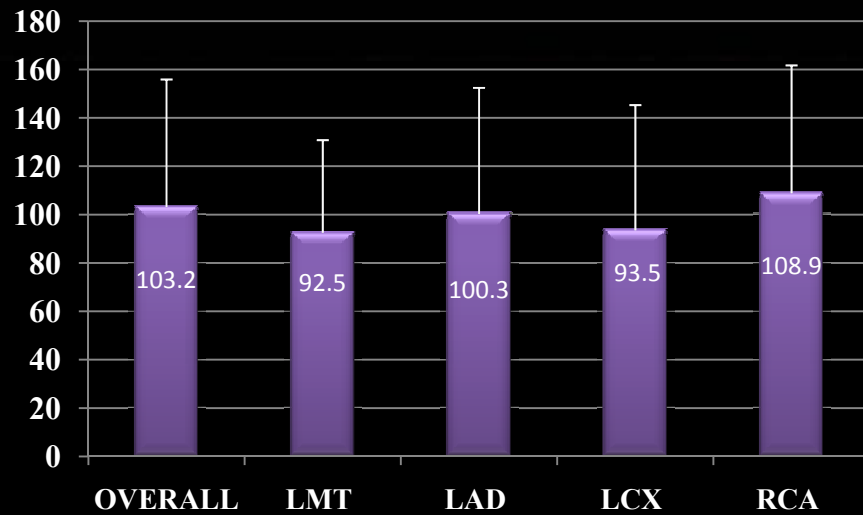
	Mild	Moderate	Severe
<b>OVERALL</b>	<b>418 (36,5)</b>	<b>431 (37,6)</b>	<b>142 (12,4)</b>
LMT	2 (50)	0	1 (25)
LAD	129 (37,8)	139 (40,8)	37 (10,8)
LCX	98 (44,5)	62 (28,2)	18 (8,2)
RCA	189 (32,7)	228 (39,5)	86 (14,9)

# Treatment:

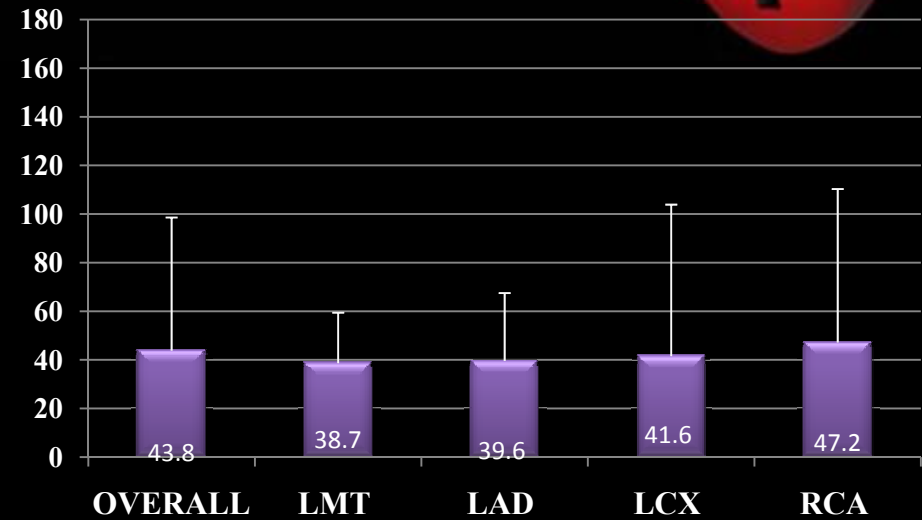
## Other procedural data



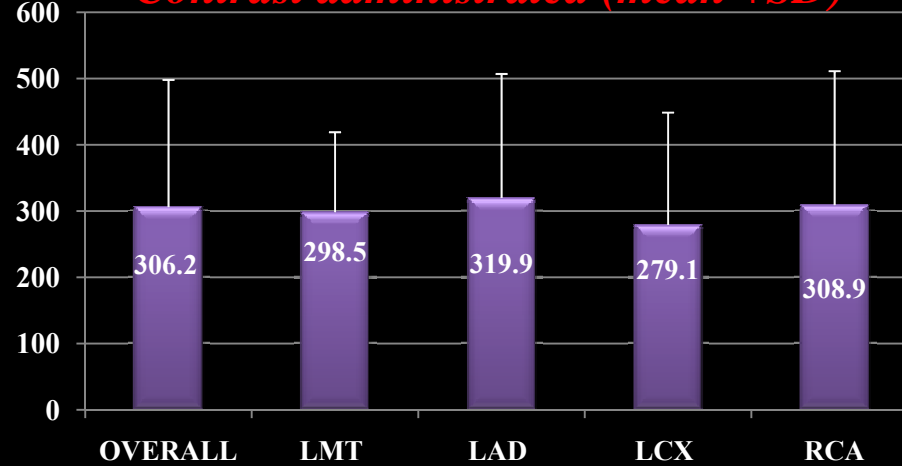
(min) **Procedure time (mean +SD)**



(min) **Fluoroscopy time (mean +SD)**



(ml) **Contrast administrated (mean +SD)**



# *In Hospital Complications*



## **MACE (Major Adverse Cardiac Events)**

MI (Q-Wave, Non Q-Wave) n (%)	21 (1.4)
Cardiac Death n (%)	6 (0.4)
Emergency CABG n (%)	3 (0.2)
Emergency re-PCI n (%)	2 (0.1)

## **OTHER COMPLICATIONS**

Stent Thrombosis n (%)	-
Stroke n (%)	1 (0.1)
Contrast Induced nephropathy n (%)	17 (1.2)
Coronary Perforation n (%)	37 (2.5)
Cardiac Tamponade n (%)	11 (0.8)
Vascular Complications n (%)	12 (0.8)

## **BLEEDING**

Major Bleeding n (%)	-
Hb Reduction of > 5g/dL n (%)	1 (0.1)
All other Bleeding not included as major n (%)	4 (0.3)

*Strauss, Canada*



EURO CTO CLUB

Euro Cto Club Annual Meeting

**ECC 2009**

- › Dates **October 2 fri - 3 sat 2009**
- › Venue **Taormina, Sicily, Italy**

*Lombardi, USA*



*Thompson, USA*



*Christensen, Denmark*



EURO CTO CLUB

Euro Cto Club Annual Meeting

**ECC 2009**

› Dates **October 2** fri - **3** sat **2009**

› Venue **Taormina, Sicily, Italy**

*Olivecrona, Sweden*



*Erglis, Latvia*



*Bufe, Germany*







# The Experts "Live"

## Workshop 2010

**October 15-16, 2010**  
**Thessaloniki, Greece**  
**Hyatt Regency, Hotel**

#### Course Director

**Georgios Sianos**  
Board of Euro CTO Club  
AHEPA University Hospital  
Thessaloniki, Greece

#### Co-Directors

**Nicolaus Reifart**  
President of Euro CTO club  
Mann-Toussaint-Hospital  
Bad Soden, Germany

**Gerald S. Werner**  
Vice-President of Euro CTO club  
Medizinische Fakultät  
Klinikum Darmstadt  
Darmstadt, Germany

**Alfredo R. Galassi**  
Board of Euro CTO club  
Ferrando Hospital  
University of Calabria  
Cosenza, Italy

**Hans Bannier**  
President of Euro CTO club  
University Hospital Brussel  
Brussel, Belgium



### Preliminary Programme

Endorsed by:



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#### EURO CTO CLUB

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##### Members

**Hans Bonnier**, Belgium  
**Mauro De Benedicis**, Italy  
**Alexander Bute**, Belgium  
**Heinz Joachim Dötner**, Germany  
**Mauro Carli**, Italy  
**Bernard Chevillon**, France  
**Ewald Hej Christensen**, Denmark  
**Antonio Colombo**, Italy  
**Carlo Di Mario**, UK  
**Carlus Dudak**, Poland  
**Simon Elhadad**, France  
**Andrej Erglic**, Latvia  
**Javier Escaned**, Spain  
**Jean Fajadat**, France  
**Alfredo R. Galassi**, Italy  
**Anthony Gerahlik**, UK  
**Omer Goldelkin**, Turkey  
**Ayan Tevrik Gümen**, Turkey  
**Jan Harnik**, Sweden  
**Karl-Eugen Hauptmann**, Germany  
**Guy Heyndrickx**, Belgium  
**David Hildick-Smith**, UK

**Jacques Koolen**, Netherlands  
**Thierry Lefevre**, France  
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